

# ATHLETIC HEALTH CARE (BA)

## Suggested Sequence of Courses for a Bachelor of Arts Degree in Athletic Health Care

Course	Title	Hours
<b>Freshman Year</b>		
<b>First Semester</b>		
GNST-1000	BC Experience	1
ENGL-1010	English Composition	3
EXSC-1115	Wellness for Life	1
EXSC-2210	First Aid & Personal Safety	2
EXSC-2263	Care & Prevention of Athletic Injuries	3
Person and Community Foundation		3
Electives		2
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
EXSC-2209	Personal & Community Health	2
Electives		2
Historical Foundation		3
Natural World Foundation		4
Aesthetic Foundation		3
Oral Communication		3
<b>Hours</b>		<b>17</b>
<b>Sophomore Year</b>		
<b>First Semester</b>		
ATHC-3374	Recognit & Evaluat Low Extrm Athl Injury	3
ATHC-2212	Beginning Athletic Health Care Practicum	3
BIOL-2242	Human Anatomy & Physiology I	4
THEO-1100	Introduction to Theology	3
EXSC-3303	Basic Nutrition	3
<b>Hours</b>		<b>16</b>
<b>Second Semester</b>		
ATHC-3364	Evaluation & Recognition Athlet Injuries	3
ATHC-3362	Therapeutic Modalities	4
ATHC-2213	Beginning Athletic Health Care Practic 2	3
BIOL-2243	Human Anatomy & Physiology II	4
ATHC-2325	Medical Terminology & Conditions	2
<b>Hours</b>		<b>16</b>
<b>Junior Year</b>		
<b>First Semester</b>		
EXSC-3357	Tests & Measure Health & Exsc Science	3
EXSC-3380	Kinesiology & Biomechanical Analysis	3
ATHC-3312	Intermediate Athletic Health Care Prac I	3
PHIL-1750	Principles of Nature	3
Foreign Language		4
Fitness Activity or Swimming Course		1
<b>Hours</b>		<b>17</b>
<b>Second Semester</b>		
ATHC-3361	Therapeutic Exercise & Rehabilitation	3

EXSC-3366	Physiology of Exercise	3
ATHC-3313	Intermediate Athlet Trng Clin Practic 2	3
Faith Foundation		3
Foreign Language		4
<b>Hours</b>		<b>16</b>
<b>Senior Year</b>		
<b>First Semester</b>		
ATHC-4406	Administration of Athletic Health Care	2
ATHC-4407	Pharmacology in Athletic Health Care	2
ATHC-4412	Advc Athl Hlth Care Prctm I	3
Philosophical Inquiry Foundation		3
Historical Foundation		3
Mathematical Reasoning		3
<b>Hours</b>		<b>16</b>
<b>Second Semester</b>		
ATHC-4413	Advc Ath Hlth Care Practicum 2	3
Aesthetic Foundation		3
Philosophical Inquiry Foundation		3
Electives		3
Faith Foundation		3
ATHC-COMP	Senior Comprehensive Exam	0
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>128</b>