

EXERCISE SCIENCE (BA) - GENERAL HEALTH CARE SPECIALIZATION

Suggested Sequence of Courses for a Bachelor of Arts Degree in Exercise Science with General Health Care Specialization

Course	Title	Hours
Freshman Year		
First Semester		
EXSC-1150	Foundations of Human Movement	2
EXSC-2263	Care & Prevention of Athletic Injuries	3
BIOL-1107	Principles of Biology ¹	4
ENGL-1010	English Composition	3
PSYC-1000	General Psychology	3
Hours		15
Second Semester		
EXSC-2209	Personal & Community Health	2
EXSC Fitness Activity		1
EXSC-2210	First Aid & Personal Safety	2
Aesthetic Foundation		3
Historical Foundation		3
EXSC-1115	Wellness for Life	1
Electives		4
Hours		16
Sophomore Year		
First Semester		
Complete the following sequence: ²		4
CHEM-1010 & CHEM-1011	Chemistry of the Biosphere and Chemistry of the Biosphere Lab	
BIOL-2242	Human Anatomy & Physiology I	4
EXSC-3303	Basic Nutrition	3
THEO-1100	Introduction to Theology	3
PHIL-2100	Principles of Nature	3
Hours		17
Second Semester		
BIOL-2243	Human Anatomy & Physiology II	4
SOCI-1000	Introduction to Sociology	3
Faith Foundation		3
ATHC-2325	Medical Terminology & Conditions	2
Electives		6
Hours		18
Junior Year		
First Semester		
EXSC-3357	Tests & Measure Health & Exsc Science	3
Foreign Language		4
Mathematical Reasoning		3
EXSC-3380	Kinesiology & Biomechanical Analysis	3

Ethics or Christian Bioethics		3
Hours		16
Second Semester		
EXSC-3366	Physiology of Exercise	3
Foreign Language		4
Philosophical Inquiry		3
Oral Communication		3
EXSC-3303	Basic Nutrition	3
Hours		16
Senior Year		
First Semester		
ATHC-4407	Pharmacology in Athletic Health Care	2
Historical Foundation		3
Faith Foundation		3
Aesthetic Foundation		3
Electives		6
EXSC-COMP	Senior Comprehensive Exam	0
Hours		17
Second Semester		
EXSC-4402 or ATHC-4406	Organiz & Admin Exer Sci & Sport or Administration of Athletic Health Care	2
HWES Internship		1-4
SOCI Elective		3
PSYC Elective		3
Electives		6
Hours		15-18
Total Hours		130-133

¹ BIOL-1121 General Biology I(5)/BIOL-1122 General Biology II (4)
Could be taken in place of electives if needed for graduate school prerequisites.

² CHEM-1200 General Chemistry I Lecture/CHEM-1201
General Chemistry I Lab (4), CHEM-1210 General Chemistry II
Lecture/CHEM-1211 General Chemistry II Lab (4) Could be taken in
place of electives if needed for graduate school prerequisites.