

EXERCISE SCIENCE (BA) - TEACHING PHYSICAL EDUCATION AND HEALTH SPECIALIZATION

Suggested Sequence of Courses for the Bachelor of Arts Degree in Exercise Science with Specialization in Teaching Physical Education and Health

Course	Title	Hours
Freshman Year		
First Semester		
ENGL-1010	English Composition	3
EXSC-1150	Foundations of Human Movement	2
PSYC-1000	General Psychology	3
EDUC-2200	Introduction to Education	2
EDUC-2201	Intro Educational Research & Field Exper	1
EXSC-2209	Personal & Community Health	2
EXSC-1115	Wellness for Life	1
Aesthetic Foundation		3
Hours		17
Second Semester		
EXSC-2210	First Aid & Personal Safety	2
EXSC-2263	Care & Prevention of Athletic Injuries	3
EDUC-2222	Intro to K-12 Special Education	3
PHIL-2100	Principles of Nature	3
THEO-1100	Introduction to Theology	3
Foreign Language		4
Hours		18
Sophomore Year		
First Semester		
EXSC-2220	Techniques of Team Sport	2
EDUC-2220	Science of Learning & Teaching	3
EDUC-3312	School As Community	3
EDUC-3313	School As Community Rsch & Field Exper	1
BIOL-2242	Human Anatomy & Physiology I	4
Dance Elective		1
Foreign Language		4
Hours		18
Second Semester		
BIOL-2243	Human Anatomy & Physiology II	4
EXSC-2222	Techniques of Individual Sport	2
EXSC-3357	Tests & Measure Health & Exsc Science	3
EDUC-3320	Curr for Individuals Exceptionalities	3
EDUC-3320F	Field Exp Individuals W Exceptionalities	NULL
Faith Foundation		3
Historical Inquiry Foundation		3
Hours		18

Junior Year

First Semester

EXSC-3303	Basic Nutrition	3
EXSC-3366	Physiology of Exercise	3
EXSC-3350	Psychology of Sport & Methods Coaching	2
EDUC-4451	Philosophy of Education	3
EDUC-4462	Classroom Management	2
Philosophical Inquiry		3
Hours		16

Second Semester

EXSC-3380	Kinesiology & Biomechanical Analysis	3
EXSC-3365	Adapted Physical Education	2
EDUC-3357	General Secondary Methods & Media	3
EDUC-3358	General Secondary Method & Practicum General Secondary Meth & Media Practicum	1
EXSC-3302	Elementary Physical Education Curriculum	2
EDUC-4455	Meeting the Needs of All Learners	2
EXSC-4402	Organiz & Admin Exer Sci & Sport	2
Mathematical Reasoning Foundation		3
Hours		18

Senior Year

First Semester

EXSC-4457	Meth & Tech Teach Phys Activity & Health	3
EDUC-3332	Literacy in the Secondary Classroom	2
Aesthetic Foundation		3
EXSC Fitness Course		1
Faith Foundation		3
Natural World Foundation		3
Hours		15

Second Semester

EDUC-4470	Student Teaching Seminar	2
EDUC-4496	Supervised Student Teach Secondar School	10
EXSC-SWMP	Swimming Proficiency	NULL
EXSC-COMP	Senior Comprehensive Exam	NULL
Hours		12
Total Hours		132