

EXERCISE SCIENCE (BA)

Program Requirements

Exercise Science Major Core Curriculum

Code	Title	Hours
Core Curriculum		
EXSC-1150	Foundations of Human Movement	2
EXSC-2209	Personal & Community Health	2
EXSC-2210	First Aid & Personal Safety	2
EXSC-2263	Care & Prevention of Athletic Injuries	3
EXSC-3357	Tests & Measure Health & Exsc Science	3
EXSC-3366	Physiology of Exercise	3
EXSC-3380	Kinesiology & Biomechanical Analysis	3
EXSC-4402	Organiz & Admin Exer Sci & Sport	2
or ATHC-4406	Administration of Athletic Health Care	
EXSC-COMP	Senior Comprehensive Exam	0
One swimming course or swim proficiency test		1
Select one dance course of the following:		1
EXSC-1101	Aerobics-FITNESS	
EXSC-1123	Country & Social Dancing	
EXSC-1126	Zumba (FITNESS)	
EXSC-1111	Varsity Sport Activity (Dance Team only)	
Areas of Specialization		
Select one area of specialization:		
Teaching Physical Education and Health		
Coaching		
Sports Management		
General Health Care		