

SPIRITUAL DIRECTION

Five graduate-level classes in spiritual direction are offered as an option for students who take part in Souljourners, an ecumenical formation program for spiritual directors/companions. Souljourners is offered through Sophia Center, the spirituality center of the Benedictine Sisters of Mount St. Scholastica, one of the co-sponsors of Benedictine College. These stand-alone classes may not be used toward any undergraduate or graduate degree program offered at Benedictine College.